

# Ansioninax Quick sleep

Useful in achieving a state of relaxation.

ANSIONINAX QUICK SLEEP is a food supplement based on VM FAST NIGHT complex in rapid release technology, within 5 minutes. VM FAST NIGHT is complex based on Valerian d.e. at 0,8% in valerenic acid and Melissa d.e.. They can be useful in achieving a state of relaxation. Clinical studies demonstrate the anxiolytic effect of a valerian /melissa combination. The formulation is completed with SaffSerene, an exclusive Iranian Saffron extract. it helps to regulate the mood.

## DOSAGE

It is recommended to take 1 or 2 tablets at least an hour before bedtime. Do not exceed the recommended daily dose.  
IT'S NOT ADDICTIVE OR CAUSES DROWSINESS AFTER WAKE UP

FOOD SUPPLEMENT

BIBLIOGRAPHIC  
EVIDENCE AVAILABLE

Other areas



**PACKAGING**  
30 tablets rapid  
release technology

**TABLETS**

Retail public price  
in Italy: € 13.50

**600 MG VALERIAN D.E. 0,8%**  
**GLUTEN FREE**  
**NATURALLY LACTOSE FREE**

## NUTRITIONAL FOOD

Valerian d.e. tit. 0,8% in sesquiterpene acids total as valerenic acid	(for 2 tablets) 600 mg
equal to total sesquiterpene acids with valerenic acid	4,8 mg
melissa d.e. tit. 4% in rosmarinic acid	100 mg
equal to rosmarinic acid	4 mg
SaffSerene tit. 2% in safranal and 2% crocin	3 mg
equal to safranal	0,06 mg
equal to crocine	0,06 mg